

# NATIONAL ASTHMA WEEK 2019



**Asthma**  
Foundation  
Northern Territory

## Event: Breathe Better Breakfast

**DATE: 6<sup>TH</sup> SEPTEMBER**

**TIME: 06:30AM**

**WHERE: 3 NYLANDER ST, PARAP  
CARPARK**

**Free of cost – Gold coin donation  
will be appreciated**

COME AND JOIN THE AFNT STAFF WITH A HEALTHY BREAKFAST  
FOR THE ROAD – BACON & EGGS &/OR HEALTHY FRUIT SALAD.

JOIN IN ON THE DAY WITH OUR PROUD SPONSORS!

SNAP FITNESS: WORKOUT MACHINE - FITNESS CHALLENGE  
AND WIN YOURSELF A PRIZE!



### PROUDLY SPONSORED BY:

